



# **Better Than Peanut Butter & Jelly: Quick Vegetarian Meals Your Kids Will Love! Revised Edition**

*Marty Mattare, Wendy Muldawer*

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This new revised edition of the trusted guide to vegetarian family cooking is better than ever with recipes for quick, healthy, tasty, kid-tested meals—many of them totally new for this edition. The vegan information has been expanded, too, with plenty of helpful tips on incorporating vegan choices into a diet. This is one recipe book that belongs in every earth-friendly kitchen.

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