



Igniting Soul Fire

Gaye Mack

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Igniting Soul Fire Gaye Mack

Since Edward Bach died in 1936 his discovery of the vibrational healing properties found in quintessential plants-the famous Bach Flower Remedies-has grown from a tiny cottage industry to one of the best-known alternative medicine systems in the world. But Dr Bach's system of healing is more wide-ranging than nearly every user of his remedies recognised in his time. Dr Bach was a true mystic and healer and his system was not simply one of healing for the individual but healing for the world. Gaye Mack has unique experience in the Bach remedies having studied with a number of principle Bach practitioners. In this book she is among the first to take the wider dimensions of Bach's work seriously. Out of his writings and what we know of the remedies she extracts a deeper formula. As a bacteriologist who also practised homoeopathy Bach's intensely spiritual nature led him to believe that personalities fall into 'soul-types' and that study of these can offer subtle applications of specific remedies to aid soul-growth. Bach's writing also shows a fascination with numbers from a spiritual perspective. Unusually for his time his reading shows him preoccupied with mother India the great masters and Buddha; although elsewhere he shows deep appreciation of Christian teaching and values. This combination is the basis of his deeper mystical programme which until this book was scarcely explored. IGNITING SOUL FIRE takes us deeper than most other investigations of the Bach remedies to date. Reconstructing for the contemporary user the theory of soul-types and showing how through careful attention to the twelve Great Healers among the remedies the seven 'Helpers' and the final nineteen remedies major change can be effected in the self. The end result of using the remedies in the fullest way is not simply healing but transformation. Author lives in oxfordshire book will be launched there

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