



A Rough Ride: An Insight into Pro Cycling

Paul Kimmage

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In *A Rough Ride*, Paul Kimmage gives a devastatingly frank account of what life is really like in the world of professional cycling. In tracing his mixed fortunes, Kimmage describes not only the grueling pressures of the sport but also the seamier side: the widespread use of drugs to enhance performance. *A Rough Ride* breaks the law of silence to expose a world where the supposed glamour has worn very thin.



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