



La cura dell'uva (Italian Edition)

Basil Shackleton

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Dell'uva sono note le straordinarie proprietà nutritive, Shackleton ne ha scoperte quelle terapeutiche. Attraverso accurate analisi, corroborate da lunghe sperimentazioni sulla sua stessa persona, il famoso dietologo inglese è riuscito a provare che cure di uva sono un eccellente rimedio per molte malattie, in particolare per quelle di ricambio.

Questo libro è la lucida esposizione di un metodo di cura che sta conquistando il mondo.

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