



The Practice of Functional Analytic Psychotherapy

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Since the earliest years of its development, Functional Analytic Psychotherapy (FAP) has been hailed for its clinical innovation and transformative power with clients across the range of disorders. Building on the foundations of their earlier volumes about this versatile therapy, the editors of *The Practice of Functional Analytic Psychotherapy* bring together noted clinicians and researchers to explain in depth how FAP can be used in conjunction with a broad spectrum of therapeutic approaches, and with diverse client populations. The hallmarks of the method, including therapist sensitivity and responding to client behavior in the moment, courage, mindfulness, acceptance, and egalitarianism, inform a wide array of interventions and strategies, among them:

- Integrating FAP with other treatments, including cognitive behavioral therapy, acceptance and commitment therapy, dialectical behavior therapy, behavioral activation, psychodynamic therapies, and feminist therapies.
- Applying FAP across cultures, nationalities, and ethnicities.
- Employing FAP with couples.
- Increasing sensitivity to and effectiveness with sexual minority clients.
- Modifying FAP for developmentally appropriate use with adolescents.
- Enhancing a team approach with severely mentally ill patients in institutional settings.
- Strengthening the power of interpersonal process groups.

As a new tool or an enhancement to current practice, these applications of FAP will give therapists an empowering complement to their work. *The Practice of Functional Analytic Psychotherapy* points to compelling directions in personal growth and change—on both sides of the therapeutic bond.

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The feeling that you get from The Practice of Functional Analytic Psychotherapy is a more deep you digging the information that hide into the words the more you get enthusiastic about reading it. It does not mean that this book is hard to know but The Practice of Functional Analytic Psychotherapy giving you buzz feeling of reading. The article writer conveys their point in specific way that can be understood simply by anyone who read it because the author of this guide is well-known enough. This particular book also makes your vocabulary increase well. It is therefore easy to understand then can go along, both in printed or e-book style are available. We propose you for having that The Practice of Functional Analytic Psychotherapy instantly.

Velma Cain:

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Kathleen Strickland:

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Elaine Gold:

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