



# **Lifeguarding: A Memoir of Secrets, Swimming, and the South**

*Catherine Mccall*

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# Lifeguarding: A Memoir of Secrets, Swimming, and the South

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## **Lifeguarding: A Memoir of Secrets, Swimming, and the South** Catherine Mccall

In her sharply observed and ultimately redemptive memoir, Catherine McCall paints a vivid and sometimes heartbreaking portrait of growing up in a complicated Southern family, whose perfect façade hides crippling imperfections.

There are two parents, three children, and five ghosts in the McCall family. With their preppie clothes and country-club smiles, the McCalls look like all the other East End Louisville families. No one knows there are problems, that an internal gash the size of the Ohio river is flooding the family. All Cathy and her siblings can do is promise to stick together no matter what—and swim.

But even though they are fast, the McCall kids can't outdistance their father's destructive habits and their mother's worry. As her family reaches a breaking point and an unexpected love blooms, thirteen-year-old Cathy finds she must keep secrets of her own. Though the love in this family is strong, Cathy must discover if it's tenacious enough to withstand the truth.

Candid, captivating, and infused with compassion, *Lifeguarding* affirms the flexible strength of love itself; how family bonds must often bend to the point of breaking . . . and beyond.

*From the Hardcover edition.*

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