



# **The Everything Guide To Being A Personal Trainer: All You Need to Get Started on a Career in Fitness (Everything®)**

*Stephen A. Rodrigues, Kate Kenworthy*

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If you love fitness and you're looking for an alternative to the typical 9-5 office job, *The Everything Guide to Being a Personal Trainer* will help you turn your passion into a career. Opportunities for professional fitness trainers are everywhere-fitness clubs, college athletic programs, even professional sports teams. *The Everything Guide to Being a Personal Trainer* is a step-by-step guide that will take you from gym rat to fitness guru in no time.

This easy-to-follow book progresses from training to certification with tips to help you:

- Choose a work environment
- Set up a business plan
- Find, motivate, and keep clients
- Learn about marketing and networking

Written by two personal-training professionals, *The Everything Guide to Being a Personal Trainer* is all you need to get started in the exciting, growing field of fitness.

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