



The Danger Habit: How to Grow Your Love of Risk into Life-Changing Faith

Mike Barrett

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You've been called adrenaline junkie, thrill seeker, permanently out of the box, difficult, and just plain crazy.

And mostly, it's true. Whether you show your radical streak in extreme sports, supercharged business ventures, or high risk relationships, you have a full-blown *danger habit*. As far as you can tell, you were born with it. And honestly, you wouldn't have it any other way...

Except when your danger habit betrays you. Then your craving for adventure turns into a magnet for disaster. You leave a trail of broken commitments and unwise decisions. You get trapped in stupid addictions. You hurt the ones you love. And you end up feeling like a big mistake.

But what if you were created extreme for a purpose?

What if the radical faith God has in mind for you doesn't have to come with a dark side? What if it actually turned out to be your ultimate rush?

In his fast-paced book, *The Danger Habit*, surfer and lifelong adventurer Mike Barrett explores the mindset of born radicals and the promise of what he calls "adventure faith." He combines personal story telling, raw honesty, and biblical wisdom in a reading experience that will capture your imagination and motivate you to reach for your huge life mission in Christ.

Story Behind the Book

"I caused significant pain to my own wife and kids while struggling with an addiction to risk, the pursuit of extreme sports, and an overwhelming feeling of being bored with many Christians and standard church life. My epiphany came a number of years ago when God broke through it all and showed me how 'propped up' my life was without His real presence and power. In the end, we sold our suburban home, moved to the Oregon Coast, and started a ministry to surfers. Countless lives were changed; my wife and I even became pastors. Once dead to the life I had pursued, God gave me back an adventure I could never have previously dared hope for." —Mike Barrett

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