



Handbook of Multicultural Mental Health:

Chapter 5. Race, Ethnicity, and the Epidemiology of Mental Disorders in Adults

Charles E. Holzer, Sam Copeland

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This chapter provides highlights of historical studies on race, ethnicity, and the epidemiology of psychiatric disorders as well as discussion and data from recent studies such as the Collaborative Psychiatric Epidemiology Surveys. Historically, comparisons of psychiatric disorder among racial/ethnic groups started with records of hospitalizations, progressed to use of symptom scales, and finally to use of diagnostic interviews. Initial comparisons focused on studying Whites versus Blacks and then expanded to comparisons of Whites, African Americans, Asians, and Hispanics of all races. More recent studies differentiate ancestries by national origin with particular emphasis on cross-national comparisons and first-generation immigrants. Recent reported rates of disorders among various ethnic groups in the United States are also discussed. Together these studies have broadened and deepened our understanding of ethnic and ancestry differences in a range of psychiatric disorders.

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