



Rolling Away: My Agony with Ecstasy

Lynn Marie Smith

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Lynn Smith never wanted to be an addict. It just happened. One day, she was living a so-called normal life, and the next she woke up to reality. In the mirror she saw the face of a grinning skull and, in her head, the world was turned upside down. After a five-month binge on Ecstasy, Smith would never be the same.

Rolling Away is the searingly honest confession of one young woman's frenzied flight into addiction and her long struggle to come back to earth.

After growing up in small-town Pennsylvania, where she was a popular straight-A student, Lynn Smith moved to New York City to pursue her dream of acting. In the city, she came in contact with new people, new ideas, and a completely new way of life -- a way that exposed her to drugs. She tried pot, acid, and cocaine, but it was Ecstasy that changed her forever.

She stopped auditioning and dedicated herself full-time to her newfound romance with the "love drug," spending her weekends popping pills and dancing all night long. Ignoring her symptoms of piercing headaches and paranoia, in only a short while Lynn went from living responsibly to barely living at all -- until the night she began to hallucinate uncontrollably, yet somehow managed to pick up the phone and call her mother.

At once harrowing and inspiring, *Rolling Away* is the timely story of a too-fashionable new addiction and, ultimately, a triumphant narrative of survival and how a second chance can save your life.

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