



# Los secretos para cocinar vegetales (Spanish Edition)

*Mara Iglesias*

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# Los secretos para cocinar vegetales (Spanish Edition)

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**Los secretos para cocinar vegetales (Spanish Edition)** Mara Iglesias

Este libro ofrece una serie de recetas para aprovechar las propiedades y disfrutar del sabor de los vegetales que, esperamos, sea el punto de partida para incluirlos más seguido en nuestra alimentación.



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