



Find Happiness Now: 50 Shortcuts for Bringing More Love, Balance, and Joy into Your Life

Jonathan Robinson

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From the author of the bestselling *Communication Miracles for Couples*, here are 50 simple yet powerful tools for finding and maintaining happiness.

“You need not read this book from start to finish. Instead, feel free to look at the table of contents for a heading that sounds like something you’d really like to know about. If you try them with an open mind and heart, I know you’ll be pleased with the results you receive. The fifty tools in this book will give you the edge you need to create a life of success, love, peace, and joy. In a word—bliss,” writes Robinson.

Within each of the four sections—Loving Yourself, Improving Relationships, Connecting with Spirit, and Living Your Dreams—readers will find a plethora of easy, practical ways to have better relationships, increased success and enjoyment in their careers, a more loving connection with themselves, and a lot more fun in their lives.

Previously published as *Shortcuts to Bliss*.

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