



Cognitive Behaviour Therapy for Chronic Medical Problems: A Guide to Assessment and Treatment in Practice (Wiley Series in Clinical Psychology)

Craig A. White

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This title offers a unique general introduction to methods and clinical experience of CBT for a wide range of medical conditions, specifically focusing on chronic illness. A concise, accessible clinical text which assumes basic knowledge of CBT using clinical examples and vignettes to illustrate assessment and therapy.

? Includes a range of typical and important medical conditions that require long-term management

? Fills a gap in this growing area of professional work and training



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