



Hearing Young People Talk About Witnessing Domestic Violence: Exploring Feelings, Coping Strategies and Pathways to Recovery

Susan Collis

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At least 750,000 children a year worldwide witness domestic violence. These children grow up with an increased risk of developing symptoms associated with trauma and behavioural and mental health problems.

This book explores the cases of five young people who have been victims of domestic violence. Allowing the young people to speak out in their own voices, it provides deep insight into how their experiences have affected their emotional behaviour, the complexities of issues related to it and those aspects of support which provide the greatest benefit to them. Drawing on her own personal experience of domestic violence as well as her professional expertise, the author emphasizes the importance of giving voice to victims of domestic violence and highlights the importance of acknowledging the emotional and spiritual lives of victims in order to provide holistic support and understanding, and its potential to instigate healing.

Hearing Young People Talk About Witnessing Domestic Violence is a vital resource for mental health professionals, social care workers, school counsellors and all professionals working in the field of domestic abuse.

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